

You've Got This

*A network for families and carers with children who have additional needs.
A safe space to share experiences and advice.*



Tuesday 12th Sept 10.30am & 7.30pm
Tuesday 17th Oct 10.30am & 7.30pm
Tuesday 21st Nov 10.30am & 7.30pm
Tuesday 12th Dec 10.30am & 7.30pm

@ The Parish room, St Mary's Church, Boston Spa
free refreshments

Contact Cassie: cassiechp@hotmail.co.uk or Jo 07783336436
jo.davies@communitymatters.org.uk for further information.

To join the Parent peer support WhatsApp group text 07912384723



"It's great to be amongst other parents who understand some of the challenges we face as a family in a relaxed place."