

Newsletter

31st January 2021

WELCOME TO OUR CHURCHES:

CONNECT WITH US ONLINE:

OUR CLERGY:



@ parishoflowerwharfe



@ stmarybostonspa

www.bramhambenefice.org

email:

bramhambenefice@outlook.com

Priest in Charge—Rev. Nick Morgan

revnjmorgan@gmail.com

Rev. Trish Anslow, Assistant Priest

Parish Office: 01937 844402

Mon-Thurs 9.30am-12.30pm

Fr. Ken Gabbadon Priest in Charge

St Luke's, Clifford e-mail: kqabba7036@aol.com

Psalms for Life



The Book of Psalms is a wonderful, Divinely-inspired collection of poetry, drawing on honest and heartfelt human experiences of a life of faith. The Psalms lie at the heart of Christian worship and continue to inspire, teach and guide. The Rev'd Nick Morgan offers four online reflections, each centred upon three psalms with a common theme.

The reflections are live at 7pm on Tuesdays and may also be watched at any time thereafter on the Bramham Benefice Facebook page.

Join Psalms for Life at www.facebook.com/BramhamBenefice or at www.BramhamBenefice.org at 7pm on the following Tuesdays:

23 rd February	Psalms in Times of Trouble	Ps. 12, 18 & 20
2 nd March	Psalms of Trust in God	Ps. 27, 91 & 146
9 th March	Psalms of Penitence	Ps. 32, 51 & 130
16 th March	Psalms of Redemption	Ps. 15, 126 & 138

Each reflection begins with an introduction to the theme and some thoughts on how the psalms we shall hear deal with those themes. The Psalms are sung in a traditional language translation, then after a pause, read in a modern translation. A time of silence follows, concluding with a short prayer. It is anticipated that these reflections will each last around 20 minutes.

If you do not have a Facebook account, the sessions are also livestreamed on the homepage of www.BramhamBenefice.org. All four sessions will remain available for viewing on the Bramham Benefice Facebook page indefinitely after the livestream has finished.



Services across the Benefice

Join us at:
facebook.com/BramhamBenefice
or
www.BramhamBenefice.org/online-services

10.00am WEDNESDAYS - Online Service

All Saints' Church, Thorp Arch

St. Peter's Church, Walton

ONLINE SERVICES

ONLINE SERVICES

All Saints' Church, Bramham

St. Mary's Church, Boston Spa

ONLINE SERVICES

ONLINE SERVICES

Sunday Readings

31st January

Deuteronomy 18.15-20
Revelation 12.1-5a
Mark 1.21-28

7th February

Proverbs 8.1, 22-31
Colossians 1.15-20
John 1.1-14

14th February

2 Kings 2.1-12
2 Corinthians 4.3-6
Mark 9.2-9

21st February

Genesis 9.8-17
1 Peter 3.18-end
Mark 1.9-15



Ash Wednesday February 2021
17th February will be marked with a
livestreamed service at 10am

In addition to our online worship we are now offering a 'Phone Church' Service



PHONE CHURCH



Traditional Language (BCP) Service

Join our service on the phone on

Sunday mornings 11.00am

Joining instructions

Using your telephone (landline OR mobile) dial:

0333 0164 757

See if you can put your phone on 'speaker' or 'hands free' so that you can move it away from your ear. This isn't essential but might make it easier for you.

You will hear a woman's voice saying "Welcome to Whypay (and a short marketing message)" then, "Please enter your conference room number followed by the hash key". So using your keypad type in:

66657450 # this is the Room Number

You will then hear the same voice say "Please enter your Guest Pin followed by the hash key" So using your keypad type in:

4086 # this is the Guest Pin

When you are connected if you are the first on the line some music will play, when someone arrives you will hear a tone, just say hello to each other and when everyone is there we will begin.

Please phone the Parish Office 01937 844402 to request a copy of the Book of Common Prayer

PLEASE HELP US PRAY FOR:

St. Mary's Email Prayer Group
If you would like to include someone
on the Prayer list please contact Niki on:
stmarysprayer18@gmail.com

THE RECENTLY DEPARTED:

Kevin Bullimore
Brian Hardy

OCCASIONAL OFFICES:

WEDDINGS:

BAPTISMS:

FUNERALS:

Kevin Bullimore
York Crematorium
2nd February 2021

CHILDREN & YOUTH:

We offer various activities for families,
children and young people. For more
information contact The Parish Office:
bramhambenefice@outlook.com

Visit our website for more details.

**Most of our children and youth
groups are suspended.**

**Young Life will go ahead via
Zoom,
please contact Revd. Nick for
more information.**

REGULAR ACTIVITIES:

**REGULAR ACTIVITIES WILL RESUME
AS SOON AS IT IS SAFE TO DO SO**

MON 12.00-1.00pm Yoga

MON 3.45-4.45 Meditation in the
Christian Tradition held at 197 High
Street, Boston Spa

2nd & 4th TUES 7.30pm Bell Ringing
at All Saints' Bramham

**All held at St Mary's Church, unless
otherwise stated.**



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someone
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Services can be viewed at:
[facebook.com/BramhamBenefice](https://www.facebook.com/BramhamBenefice)
www.BramhamBenefice.org/online-services

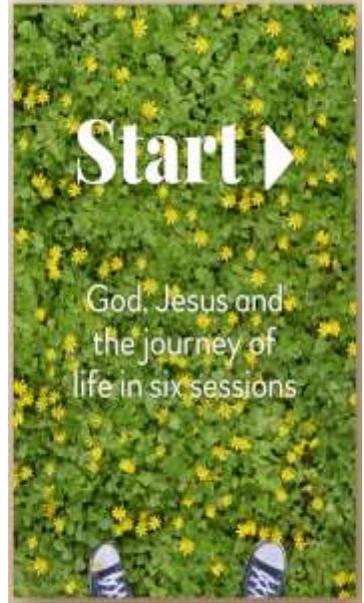
Reverend Nick is aiming to run a START course over Zoom starting in March. This is a down to earth 6 session course to help people discover the Christian Faith.

At this stage, the day and time has not been decided and will be worked out in consultation with those who wish to attend.

Zoom offers a different way to engage with this kind of course with people able to join from the comfort of their own homes, and so anyone who might not have been comfortable coming to church, or someone else's home for a course in the past may well be interested.

Please pray about who you might like to invite to come along, and whether you could attend with them - it's always good to have at least one familiar face, and the evidence is that an invitation which says "Let's go together" is more likely to be taken up.

To register your interest, please send your name, email address, phone number and details of particular days and times which are good for you (or times which are definitely no good) to the parish office.



Thank you, £205 was raised for Martin House at the Community Carol Service which was viewed at least 700 times.



Thorpe Arch Sunrise
taken by a Thorpe Arch resident



WETHERBY IN SUPPORT OF THE ELDERLY – WISE:
is urging residents to remember they are not alone and to support those who are shielding, vulnerable or needing help.

If you need help or know someone who could do with help call 0113 3760330.

Services can be viewed at:
[facebook.com/BramhamBenefice](https://www.facebook.com/BramhamBenefice)
www.BramhamBenefice.org/online-services

LCC Local Welfare Support Scheme.
0113 376 0330

This is the first port of call number for all Covid-19 related needs as part of the LCC Local Welfare Support Scheme. It feeds into all the other support networks, including Mark Dobson at WiSe (our local area hub co-ordinators). Anyone needing one of Penny's local volunteers would be referred to Penny, and Citizen's Advice and all sorts of other bodies are in this system too.

So, the number is to give to anyone with needs such as:

- referrals to the foodbank
- help with gas / electricity top ups
 - needing white goods
 - needing items for babies
 - help with shopping
- up to date info for anyone put into the shielding group
 - emergency food parcels
 - prescription delivery



BOSTON SPA
VOLUNTEER
ACTION
GROUP

WE ARE HERE TO
HELP!

IF YOU ARE SELF ISOLATING AND
NEED SUPPORT?

WE CAN
COLLECT PRESCRIPTIONS, PICK UP
SHOPPING OR JUST BE A FRIENDLY
VOICE ON THE END OF THE PHONE

PLEASE CONTACT PENNY STABLES IF
YOU WOULD LIKE TO VOLUNTEER
OR IF YOU NEED ASSISTANCE

penny.stables@gmail.com
07941979902



OPEN FOR PRIVATE PRAYER

Daily 9am - 3pm St. Mary's, Boston Spa

Daily 10am - 4pm All Saints', Bramham

PLEASE FOLLOW ALL GUIDELINES, WEAR A MASK, SIGN IN,
MARK WHERE YOU HAVE SAT AND SANITISE YOUR HANDS

ONLINE SERVICES

can be found at:

www.BramhamBenefice.org

www.facebook.com/BramhamBenefice

PHONE CHURCH

see newsletter for more details

If you would like any more information or would like to borrow a Book
of Common Prayer for the Phone Church Service please contact
The Parish Office on 01937 844402

ST PETER'S CHURCH, WALTON



A couple of images from Sunday 24th online worship



Physical Activity

During lockdown, it's important to stay active and support mental wellbeing. If you are struggling to find motivation to exercise indoors, why not try the NHS fitness studio and their numerous instructor-led videos across aerobics, strength & resistance, pilates and yoga categories.

Lockdown fitness for the over 60s

The Leeds United Foundation has launched two new health and wellbeing initiatives for the over 60s.

Sporting Memories (via Zoom every Wednesday, 1pm to 2.30pm) features one hour of discussion for participants to share past sporting experiences and share sporting memories, followed by 30 minutes of physical activity.

Fit Generations held via Zoom every Monday has been created for over 60s with dementia or any other mental or physical disabilities. It helps participants socialise whilst encouraging them to stay active and learn new skills. It includes a variety of activities along with 30 minutes' physical activity.

For further information about the initiatives, please contact

Beth.Kerrigan@leedsunited.com

You can also read the current national guidance on exercise during lockdown.

Feel Better Inside Campaign

Public Health England has launched the Better Health - Every Mind Matters Campaign to support the nation's mental wellbeing with the key message

"When things aren't so good out there, make inside feel better" it aims to encourage people to create a free NHS-approved 'Mind Plan' to help you deal with stress and anxiety, improve your sleep, boost your mood and feel more in control.

St Mary's Churchyard Memorial Grove

You may recall back in January 2020 we asked for sponsorship for trees to implement the start of the St. Mary's Churchyard Memorial Grove development. We are pleased to say ten new mountain Ash (Rowan) trees are now planted alongside reinforced grass paths and the new ashes burial plots. Thank you to all those who have helped to fund this tree planting work.

As we are about to bring the grove into use, we wish to complete the planting scheme with shrub and herbaceous perennial planting to give further structure to the grove. The shrubs will cost approximately £300 and the herbaceous perennials £500.

Would you like to contribute to help fund the Memorial Grove?

The evergreen shrubs will be planted over the winter and include 8no. Osmanthus x burkwoodii at £9.95 each and 15no. Sarcococca confusa at £14.95 each. Osmanthus has small white flowers in Spring and Sarcococca the same in Winter. The white flowering herbaceous perennials will hopefully be planted in the spring and include approximately 55 plants of the following species: Anemone x hybrida 'Honorine Jobert' at £12.95 each, Geranium clarkei 'Kashmir White' at £8.95 each, Gaura lindheimeri at £8.95 each, Helleborus niger at £8.50 each and Cenolophium denudatum at £8.95 each.

They will be planted around each ashes burial plot. Not only will it help us to create a peaceful and attractive Memorial Grove but it will also contribute to the existing natural beauty of the churchyard and surrounding area which is enjoyed, used and appreciated by so many of us in our daily lives.

If you are interested in making a contribution to the shrub and perennial planting please contact the Parish Office on 01937 844402 or email: bramhambenefice@outlook.com for more information.

If you would like to make a donation please ensure cheques are made payable to: St. Mary's Church, Boston Spa and the envelope is clearly marked with your name and the words 'Memorial Grove Fund'.



Osmanthus x burkwoodii



Sarcococca confusa



Anemone x hybrida
'Honorine Jobert'

WHEN & WHERE

Date
10-14 August, 2021

Location
Peterborough Arena



Are you looking forward to summer yet?

Well, on the basis that it's good to have things to look forward to, I am offering to take a group of 13 - 18 year olds (plus adult helpers) to a five day youth event called "Satellites" between Tuesday 10th August - Saturday 14th August. Any young folk in that age bracket are very welcome to join this group booking whether they are currently involved with our Young Life group or not (but they will need to register with us in advance for safeguarding and insurance reasons).

WHAT IS SATELLITES AND WHO IS IT AIMED AT?

Satellites is a new five-day Christian youth event from the team at Youthscape, it's aimed at 13 - 18 year olds, and will take place during the school summer holidays in Peterborough.

The programme will be very diverse and contains a mix of Christian teaching and worship activities, alongside many opportunities for sport, entertainment, and relaxation. The accommodation is camping, and the cost if you book in advance is £95. Of course, it may be that a physical event can't happen over the summer after all, and I am assured that there is a Plan B involving online and blended participation if that happens, but let's think positively! This looks like an excellent chance for teens to get their heads round life and have a great time.

To find out more about Satellites, visit <https://www.youthscape.co.uk/satellites> and then please contact me via email for instructions as to how to register as part of our group booking.

Revd. Nick Morgan - revnjmorgan@gmail.com



Services can be viewed at:
[facebook.com/BramhamBenefice](https://www.facebook.com/BramhamBenefice)
www.BramhamBenefice.org/online-services



The logo for 'Play and Praise for Little Saints' features a rainbow with musical notes. Below the rainbow are several cartoon children playing instruments. To the right is the Diocese of York crest, which is a red shield with a gold mitre on top and two crossed keys. Below the crest, the text 'DIOCESE OF YORK' is written in black.

Starting Wednesday 13th January until Wednesday 3rd February Play & Praise for Little Saints will be meeting on Zoom at 9.30am. This means your little ones can see their friends, we can sing together, hear each weeks Bible story, get creative and parents/carers can have that all important cuppa and chat. So gather some instruments or pots and pans as we make some noise and juice and biscuits for afterwards. Zoom Play and Praise for Little Saints Meeting ID: 846 9756 2248 Passcode: PlayPraise

How do you watch our online services?

Facebook? Website?

It is now possible to view our Facebook livestreamed services on the website. On the main page of the website www.BramhamBenefice.org in the middle of the page whenever a live service starts, a window will appear on the screen. You may have to refresh your browser for this window to appear. To make that window bigger on your screen, hover your mouse over it and click the "Full Screen" icon which looks like 4 arrows pointing outwards. If you can't hear the sound, hover your mouse and check the sound is not muted in that window. We hope this means more people can access our live services easily. Please spread the word about this feature, especially to those who are less confident in accessing our services on Facebook - this should make it much easier for them.

BRAMHAM BENEFICE

FOOD COLLECTION

Wetherby & District foodbank

SUPPORT WETHERBY FOOD BANK

Wetherby & District foodbank

COLLECTION POINTS

All Saints Church, Bramham 10am - 4pm
 St Mary's Church, Boston Spa 9am-3pm

Your continued support is vital.

HELP US, HELP OTHERS



ITEMS REQUIRED

CUSTARD

SPONGE PUDDINGS

DEODORANT

LONG LIFE FRUIT JUICE

WE'VE GOT PLENTY OF

UHT MILK

PASTA



Fundraising at All Saints', Bramham

On 18th December a well clad and shod sturdy group came along to join in the outdoor / socially distanced Carol Singing. Simon Noble accompanied the singers and as the people left a collection was made for The Yorkshire Air Ambulance and the final total raised was £450. Thanks to everyone who helped set up this event. Another splendid result from the generous residents of Bramham. Thank you



BRAMHAM COMMUNITY FUND:

Income generated by sale of Music Festival tickets since 2003 has seen grants in excess of £380,000 allocated. New applications for projects that benefit Bramham should be in by 14 February. Email colinpool@empiconsulting.co.uk describing your project and likely costs.





As part of our Children of Light Festival, we are running an [art competition](#) which is open to all the children and young people in York diocese. This is an opportunity for you to be part of our festival in a creative way. Winners in local competitions will be entered into a Diocesan wide competition - winners of the Diocesan wide competition will have their work exhibited around the Diocese and will be invited to afternoon tea with the Archbishop of York at Bishopthorpe Palace.

[Who can enter?](#)

There are 3 age groups for this competition:

Key Stage 1 (school years 1 - 2)

Key Stage 2 (school years 3 - 6)

Key Stage 3&4 (school years 7-11)

[What can I do?](#)

We want you to create a piece of art on the theme of 'Being Light in Difficult Times' This can be anything at all - we encourage you to get as creative as you like! It must be no larger than A4.

If you choose to create a sculpture or 3D model, please submit an A4 photograph of this, rather than the sculpture itself.

[Where do I send it?](#)

Please send your artwork clearly labelled on the back with your name, year group and school to:

The Parish Office
St Mary's Church
High Street
Boston Spa
LS23 6DR

[When do I need to send it by?](#)

The deadline is: 23rd April 2021