

Newsletter

17th May 2020

Priest in Charge—Rev. Nick Morgan
revnjmorgan@gmail.com

Rev. Trish Anslow, Assistant Priest
t.anslow@hotmail.co.uk

Parish Office: 01937 844402

The Office is now closed but messages left on the answer phone will be answered to as soon as possible

The Archbishop of York has given permission for clergy to use churches for personal prayer and for recording and livestreaming acts of worship. It is good that these places, consecrated for the purposes of prayer and worship as a visible sign of God's presence in our villages are once again available for their purpose, albeit in a limited capacity.

Daily morning prayer on Mondays through to Thursdays will continue, however, to come from Thorp Arch vicarage, and our online services, will include elements recorded in the homes and gardens of contributors, from all four church buildings of the Benefice, and from locations around our parishes, too. There is something positive in this. We are reminded that our worship is not limited to the time we spend in churches. By leading worship from our homes and villages, we proclaim that God is always with us, where we are. By joining in worship where we are, we consecrate our own homes, proclaiming that we are God's people at work in our homes and our daily lives, wherever we go. And now, by reclaiming our village's sacred spaces, the churches where generations have gathered to pray, to baptise, to be married, and to be commended into God's eternal care at funerals, we proclaim once again that our lives of faith and service are part of a bigger story: a story which has blessed our communities for many, many lifetimes. Our church doors remain closed, but we have learned that the church doors were never fortresses behind which God's people gathered for their own comfort, and they certainly weren't gates behind which God lurked, only to be encountered when we stepped inside.

I encourage you, if you are able, to engage in your faith afresh in these ever-challenging times. Perhaps you might like to join the online Pilgrim course (details of which may be found elsewhere in this newsletter). Perhaps you can join me in daily prayer on Facebook, Mondays to Thursdays (either live at 7am, or later in the day at a time to suit you better). As we prepare in a couple of weeks to celebrate the birthday of the Church - Pentecost, when the Holy Spirit, promised by Jesus, fell upon the apostles and empowered them for God's service, and before that to remember the Ascension of Jesus, when he went ahead of us to join in the eternal dance of heaven in company with the Father and the Holy Spirit, in the here and now, let's take the opportunity to remember that we are God's people, and by how we live and work and love God and neighbour, we do indeed worship wherever we are.

The Reverend Nick Morgan

Dial-A-Sermon
01937 228 825

To listen to this week's sermon from Rev'd Nick or Rev'd Trish, just call this number (it costs the same as a normal call and is less than 10 mins long).

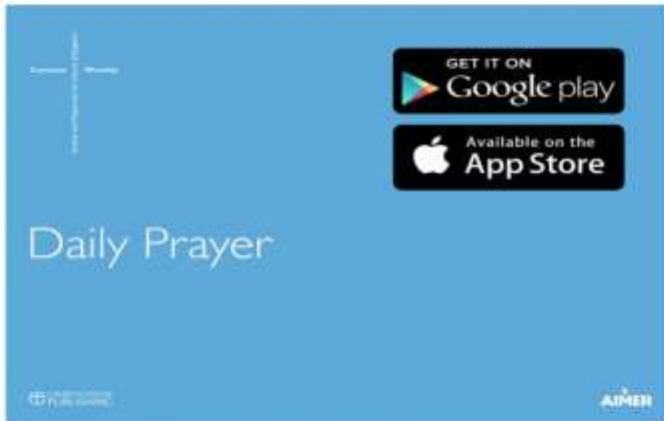


The churches of the Bramham Benefice,
helping you stay connected while we are apart.
The Church of England in Boston Spa, Bramham, Thorp Arch & Walton.



 **0800 804 8044**
DailyHOPE
A free phone line of hymns, reflections and prayers

The **Bramham**
Benefice 



THE RECENTLY DEPARTED:



**Gladys Irene Shaw,
Donald Johnson, Len
Shooter and
Angelika Ware**

St Mary's Email Prayer Group

St. Mary's Email Prayer Group was formed 18 months ago to support people with varying needs, not only within the church family but also in the community and beyond, whatever their faith.

We currently have 20 members who commit to regular prayer. A new list is sent out by email every month with names and events that have been requested for prayer along with updates. This list is for private prayer within the group and is not published or shared with anyone else.

During this difficult time when we must isolate ourselves in our homes and are not able to meet together to worship and pray, this group has an even greater responsibility to share the love of God by supporting others.

I am asking you all to consider joining our group (if you have online access).

To be vigilant and contact me if you know of anyone who needs our prayers at any time.

Permission must be sought before adding names to the list.

Please contact me on stmarysprayer18@gmail.com
for prayer requests or for an information sheet about joining the group.

Niki Hampson



Boston Scrubbers

I now have a request for help with making the scrubs, its a really basic pattern and everyone is welcome to join. If you can help in any way, please contact Christine Daley on:

christine.p.daley@icloud.com,
07949 267140 by text or WhatsApp



Readings for Sunday 17th May 2020

A reading from the Acts of the Apostles.

Then Paul stood before the meeting and said "People of Athens, I can see that you are very religious in all things.

I was going through your city, and I saw the things you worship.

I found an altar that had these words written on it: "TO A GOD WHO IS NOT KNOWN."

You worship a god that you don't know. This is the God I am telling you about!

This is the God who made the whole world and everything in it. This is the Lord of the land and the sky, the God who does not live in temples that we build!

This God is the One who gives life, breath, and everything else to people.

This God does not need any help from them. This God needs for nothing.

God began by making one human. From God came all the different people who live everywhere in the world. God decided exactly when and where they must live.

God wanted them to look for God and perhaps search all around for God and find God.

But God is not far from any of us:

'By God's power we live and move and exist.' some of your own poets have said: 'For we are God's children.'

Well, we ARE God's children.

So, you mustn't think that God is like something that people imagine or make. God isn't like gold, silver, or rock. In the past, people did not understand God, but God ignored this.

But now, God tells everyone in the world to change their heart and life.

God has decided on a day that God will judge all the world. God will be fair.

God will use a human to do this. God chose that person long ago.

And God has proved this to everyone by raising that man from death!"

This is the word of the Lord.

Thanks be to God.

John 14.15-21

The Promise of the Holy Spirit

'If you love me, you will keep my commandments. And I will ask the Father, and he will give you another Advocate, to be with you for ever. This is the Spirit of truth, whom the world cannot receive, because it neither sees him nor knows him. You know him, because he abides with you, and he will be in you.

'I will not leave you orphaned; I am coming to you. In a little while the world will no longer see me, but you will see me; because I live, you also will live. On that day you will know that I am in my Father, and you in me, and I in you. They who have my commandments and keep them are those who love me; and those who love me will be loved by my Father, and I will love them and reveal myself to them

Streaming services from home



The recent guidance preventing clergy from entering their own churches, even to just livestream an act of worship, has prompted a series of imaginative alternatives.

“Not being able to use our church buildings is, of course, a huge loss to us all,” one says, but on the other hand, “streaming worship from home shows that we are alongside those who are having to self-isolate and those who are forgoing so many other things in their lives that they used to rely on. “It also shows that we are facing up to the same restrictions as them and doing all that we can to take a lead in encouraging people to ***stay at home, protect the NHS and save lives.***

“Moreover, to pray from and in the home may help us to show that the Church is, as we all know, *us*, the people of God, not our buildings.”

We hope you have enjoyed our online services if you have been able to watch them.

Please keep checking our website for all our online services: www.bramhambenefice.org

And also check out the Church of England resources here:

Time to Pray app (<https://www.chpublishing.co.uk/apps/time-to-pray>) which is free and has an accompanying daily audio offering on SoundCloud and iTunes.

Mental health reflections (<https://www.churchofengland.org/faith-action/mental-health-resources/supporting-good-mental-health>)

Sunday services will be posted at www.bramhambenefice.org/online-services
and also at www.facebook.com/bramhambenefice

You can download an order of service at

<http://bramhambenefice.org/download-our-new-sunday-order-of-service-worship-where-you-are/>

Apps

Our user-friendly apps - now all available on Android as well as iOS - aim to make worship and liturgy easier than ever before.



Time to Pray

Create space in your day for prayer, praise and Bible reading with this simple daily service. As of March 2020, Time to Pray is now completely free to use.



Daily Prayer

Join the Church of England in prayer with daily services for Morning, Evening and Night Prayer.



Common Worship Lectionary

The official Church of England Bible readings for every day of the Church year.



Easter Pilgrim

Take a journey through the Lord's Prayer this Easter season.



Reflections for Daily Prayer

Make Bible study part of your daily routine with these reflections from leading Anglican writers, ministers and theologians.



Reflections on the Psalms

Explore all 150 Psalms with thoughtful commentaries from leading writers, including John Sentamu, John Pritchard and Paula Gooder.



Sunday Worship

Get instant access to each Sunday's Bible readings, Collects and post Communion prayers.



Thy Kingdom Come

Join in the exciting global wave of prayer between Ascension and Pentecost and build a rhythm of daily prayer.

BRAMHAM BENEFICE &
CLIFFORD METHODIST CHURCH

FOOD COLLECTION

SUPPORT WETHERBY FOOD BANK
ACCEPTING CANNED FOOD
AND NON-PERISHABLE ITEMS

COLLECTION POINTS
SOCIAL DISTANCING APPLIES

Saturday 10am - 11am	Bramham Surgery Carpark and St. Mary's Church, Boston Spa
Wednesday 2pm - 4pm	Clifford Methodist Church



A huge thank you to everyone who donated last Saturday, your generosity is amazing.

Size 6 Nappies needed

We will be collecting every Saturday and Wednesday until further notice. Thank you again for your kindness and generosity.



Pentecost is coming!

We are getting ready for Pentecost
(which is celebrated on Sunday 31st May).

Visit our website
<http://bramhambenefice.org/children-young-people/> for a Windmill Craft activity to do with your children.

Please send us your photos of any completed windmills and we will include them in our Pentecost service.

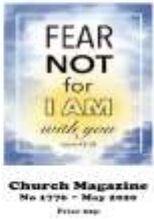


A HUGE THANK YOU TO EVERYONE WHO HAS PURCHASED ONE OF THESE BOOKLETS.

WE HAVE RAISED **£ 353.00** (up to now) FOR ALL SAINTS CHURCH, BRAMHAM

I still have a few left if anyone still needs one.

Thank you Emma



St. Mary's Church Magazine

Due to CofE national guidance, we are unable to hand deliver the St Mary's May magazine to your homes. We will deliver them when we are able to do so. In the meantime, a PDF version of the magazine is available on the website.

CYCLING IN THE AREA

New to cycling? Boston Spa Green Group have some ideal safe rides listed on their website bostongreengroup.co.uk/



WALKS AROUND BOSTON SPA:



You can pick up a map at Yeadons or the Library 20p or The most popular links on the PC website are the village walks, the Parish Council has developed 6 walking routes around the village ranging from 2 miles to 7 miles, you can download the walks from the PC website www.bostonpapc.org.uk

LEEDS ACTIVE

Active Leeds are delivering a workout of the day that can be completed at home through the Mywellness app. These workouts just require your motivation, no equipment needed! There will be a new workout every day with 3 options, easy, medium and pro. So choose what suits you every day. Mywellness can be accessed through the Active Leeds app, via the Mywellness tile. Individuals without a Mywellness account, MUST go to www.mywellness.com/activeleedsvirtual and then create their account BEFORE then downloading the mywellness app and logging. Active Leeds can also offer one to one support as you received when visiting our facility based gyms. This support will be available through the Mywellness app. They can support and review home workout routines or any other fitness related help you may require. So you can then continue your fitness journey with them.

HOME WORK OUTS: There are a number of videos you can watch showing you how to exercise from your home just go to Boston Spa Life – click on the face book page look and see what takes your interest.



For everyone who is self isolating, vulnerable, key workers, people who still work full time hours and can not do their shopping.

Here is a list of small businesses who deliver food and other goods to your doorstep.

This information may change if business situations change.

TD Goodall	Milk	01132892229
Bryn Wilson	Milk deliveries	07809 110568 or email bryn-themilkman@yahoo.co.uk
Douglas Yeadon Hardware	Hardware and pet food	01937 842338
Hebben and Poole Fine Foods	Fruit and vegetables	01937 843085
Andrews Butchers	Meat	01937 582063
Windmill Inn, Linton	Ready meals, bread and eggs	01937 582209
North Street Deli	Daily specials	01937 585113
Sant Angelo's restaurant	Full takeaway service bread and dried pasta	01937 581422
The Oven Door	Bread and savouries	01937 584839
The Red Lion	Hot meals for elderly and self-isolated people. £5 per meal	01937 582136
Touchwood	Hardware	01937 585726
Ace Cards	Greeting cards	01937 582878
Castlegate Stationers	Stationary	01937 582920
Riverside Nurseries	Gardening	01937 582598
Clifford Moor Farm Pet Hotel	Overnight and day care for pets	019837 844929
Discount Feeds	Pet food and supplies	01937 580797
The Country Store, Collingham	Pet foods	01937 572000
Hartley Wood Cattery	Look after your cat	0113 2861251
Sykes House Farm	Butchers	01937 582549
The Bay Horse Pub	Takeaway meals	01937 290163
Spice4U	Indian takeaway	01937 583694
The Yorkshire Meat Company	Butchers	01937 843086
Don't tell the Duke	Takeaway meals	01937 587897
The Barking Lot	Pet food and supplies	01937 588662
Scotts Arms Pub	Frozen ready meals	01937 582100

ARE YOU FINDING IT HARD TO ACCESS FOOD?

In light of COVID-19 we are putting additional support in place to ensure everyone is able to access the food they need.



Am I eligible for help?

If you are finding it difficult to access food due to financial constraints, self-isolation or accessibility of food provision, then you are eligible for help.

When making the referral you will be asked questions about your personal situation which will enable us to determine what type of support you require.

How can I access help?

If you think you may be eligible to help from these scheme then you can contact a local keyworker or service who will make a referral for you.

This might be somewhere or someone you already have contact with such as a school, college, social worker, housing officer or it could be a provision in your local area such as a Community Hub.

Ideally a referral should be made through one of these support services, however if you are finding it hard to access these please make a self-referral by calling us on **0113 376 0330**. This is a free number.

What happens next?

Once a referral has been made, we will pass your information on to local volunteer coordinators, and you will be provided with a food parcel or a supermarket voucher.

This will be either delivered to a provision hub near your home for you to collect, such as a community hub, school, foodbank or a charity, or delivered to your home directly.

We want everyone to feel supported and will work with you to see what route is best for you.

For more information and guidance please contact the Local Welfare Support Team on 0113 376 0330.



ADDITIONAL FOOD SUPPORT AVAILABLE FOR FAMILIES AND INDIVIDUALS IN LEEDS

In light of COVID-19 we are putting additional support in place to ensure everyone is able to access the food they need. Please see below for the process of making a referral for your service users.



Who is eligible for help?

If someone is finding it difficult to access food due to financial constraints or self-isolation, then they are eligible for help.

Their personal circumstances will determine the type of help they can receive - i.e. whether it is a food delivery, food collection or supermarket vouchers.

How do I make a referral?

To make a referral please fill out a 'Referral for Emergency Food Provision (COVID-19)' form. Please email Thrive@leeds.gov.uk to request this form.

Please include as much detail as possible and return the form to hw@leeds.gov.uk as soon as possible after completion.

Ensure that you provide a contact name and number for yourself at the bottom of the form so that we are able to get in contact if needed.

What happens next?

Once the Local Welfare Support Team receive your referral they will input this data and share with volunteer and staff coordinators who are working with Voluntary Action Leeds.

They will then work with local based suppliers to coordinate and deliver either food parcels or a supermarket voucher to a provision hub close to the service user. Alternatively, arrangements will be made for a delivery to their home by volunteers.

These provision hubs could be your service, and include schools, children's centres, foodbanks, community hubs and third sector organisations.

There is also space on the form to note if they require any additional support, please use this space to help us ensure individuals and families are referred to further services as needed.

For more information and guidance please contact the Local Welfare Support Team on 0113 376 0330



CORONAVIRUS
STAY HOME
PROTECT
THE NHS
SAVE LIVES

To the householder:

Are you finding it hard to get help and support?

During this Coronavirus pandemic, Leeds City Council is working with Voluntary Action Leeds and local organisations to provide additional support to ensure everyone is able to get the help they need.

Am I eligible for help?

You can receive help and support from us if you do not have family or friends that can help and -

- You are an individual or family that is self-isolating due to a member of the household feeling unwell (high temperature and/or new persistent cough).
- You have a health condition and have been advised by the NHS to self-isolate
- You have been advised to stay home in line with national guidelines

- You are finding it difficult to leave your home to shop for food, medicines and other essentials

If you can afford to pay for your essentials then you should pay. However, we do have arrangements in place for those that cannot afford to pay.

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For all other Coronavirus help and advice please visit www.leeds.gov.uk/coronavirus

What help is available?

You may already be receiving help from neighbours that you know and trust or local organisations in your area that meets your needs.

If that's not the case then Leeds City Council has worked with its partner, Voluntary Action Leeds, to set up a volunteering arrangement that can help you.

The help will come from Leeds City Council and from our Community Care Volunteers working alongside a range of Leeds City Council approved volunteer hubs made up from community organisations in your area.

Our volunteers will be registered with us, clearly identifiable with their own Leeds City Council identification badge and a letter from Leeds City Council with a number that you can phone to check their identity. Please be reassured that for their safety and yours, volunteers and LCC staff will be following social distancing guidelines and observing good hygiene standards in accordance with the national guidance.

The sorts of things that our volunteers can help with are -

- Delivering food, essentials and medication to people in the community
- Checking how you are and having a chat on the phone
- Putting bins out for collection
- Walking dogs
- Posting mail

How can I get help?

Do not wait until your needs are urgent as it will help us plan the visit of our community care volunteer.

If you want to get help and support from our volunteers then please contact us by calling

0113 378 1877

You can also ask someone to call for you if that's easier. *If you have already called this number and arranged help, you do not need to call again.*

What happens next?

When you contact us, Leeds City Council will pass your information onto your local volunteer hub. They will contact you and arrange for a community care volunteer to help you.

What do I do if I want to register to become a Community Care Volunteer?

Register on the Voluntary Action Leeds website: www.doinggoodleeds.org.uk
Phone: 0113 2877920
Email: info@val.org.uk



For all other Coronavirus help and advice please visit www.leeds.gov.uk/coronavirus


Leeds
 CITY COUNCIL

For COVID-19 council advice or requests for volunteer support:
0113 3781877
LEEDS.GOV.UK/CORONAVIRUS

For your local Councillors, call 0113 3788887 or email [first name](mailto:first.name@leeds.gov.uk) [last name](mailto:last.name@leeds.gov.uk) @leeds.gov.uk

HAREWOOD WARD <small>Sarcel Firth Matthew Robinson Ryan Stephenson</small>		WETHERBY WARD <small>Norma Harrington Alan Lath Linda Richards</small>	
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Bugs in Lockdown
Photo Competition

What Creepy Crawlies can you see in Your Garden?

Winners will be announced at the end of each month during lockdown.
 For Under 12s & Over,
 Upload to:
#bostonspabugwatch
 or go to website:

www.bostongreengroup.co.uk/events/



Revd. Nick Morgan on 07387728009

Revd Trish Anslow on 07903262880

Emma on 07740166706

Emails are normally checked daily:

bramhambenefice@outlook.com

IF YOU KNOW OF ANYONE WHO WOULD LIKE THIS NEWSLETTER EMAILING TO THEM, ASK THEM TO EMAIL OR PHONE THE OFFICE LEAVING THEIR EMAIL ADDRESS AND I WILL ADD THEM TO THE DISTRIBUTION LIST. ALTERNATIVELY YOU CAN DIRECT THEM TO OUR WEBSITE.

Website: www.bramhambenefice.org



@ bramhambenefice